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# The Sabbath (FSG Classics)



## Synopsis

Elegant, passionate, and filled with the love of God's creation, Abraham Joshua Heschel's *The Sabbath* has been hailed as a classic of Jewish spirituality ever since its original publication-and has been read by thousands of people seeking meaning in modern life. In this brief yet profound meditation on the meaning of the Seventh Day, Heschel introduced the idea of an "architecture of holiness" that appears not in space but in time. Judaism, he argues, is a religion of time: it finds meaning not in space and the material things that fill it but in time and the eternity that imbues it, so that "the Sabbaths are our great cathedrals."

## Book Information

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## Customer Reviews

"Heschel's *The Sabbath* is easily the primary text for all subsequent American Jewish Spirituality." — Rabbi Lawrence Kushner, author of *God Was In This Place*

"Clearly Heschel's most beloved book, *The Sabbath* is much more than a book about the Sabbath. It is, rather, our century's most illuminating study of the dynamics of Jewish ritual living." — Dr. Neil Gillman, author of *Sacred Fragments*

"Timeless. Read it, and be ready to be changed." — The Reverend Richard John Neuhaus, editor in chief of *First Things*

Elegant, passionate, and filled with the love of God's creation, Abraham Hoshua Heschel's *The Sabbath* has been hailed as a classic of Jewish spirituality ever since its original publication in

1951 and has been read by thousands of people of many faiths seeking meaning in modern life. In this brief yet profound meditation on the meaning of the Seventh Day, Heschel introduced the enormously influential idea of an "architecture of holiness" that appears not in space but in time. Judaism, he argues, is the religion of time: it finds meaning not in space and the material things that fill it but in time and the eternity that imbues it, so that "the Sabbaths are our great cathedrals."

--This text refers to an out of print or unavailable edition of this title.

I find Heschel's writings timeless and classic and The Sabbath is no exception. Though this book is dedicated to Jewish followers, I do not think that it is exclusive for them. The Sabbath or day of rest has a powerful meaning regardless of your religious belief or philosophy. A spiritual rest day has a deep and penetrating significance and Heschel mystically touches on all aspects of it. There is a major focus on Time which brought a whole new meaning to me. For those that believe in G-d, this book brings out G-d's intention for the Sabbath. I highly recommend to read this and even practice.

I read this within 24 hours - not because it was simplistic but because it was so profound that I could not bear to put it down. Each time I set it aside, I fought a very intense battle between wanting to contemplate what he had written and wanting to go back and drink in more. I decided to drink deeply and in order to compensate I am reading it again. I will no doubt read it a great many times.

One of my favorites, and I keep a few copies on hand to share with friends. I'm Jewish so I'm always interested to see what my non-Jewish friends take away. R Heschel (z'l) was a brilliant scholar, which makes this very approachable, readable text that much more valuable to an average reader. Every time I dip back in, for a chapter or even just a few paragraphs, I find some new insight.

Especially great for readers who are not Jewish and wish to learn more of the practice of Sabbath, and not just the text book reasons, but reasons of faith and passion. Wonderfully written.

Read EVERY Heschel book. Just do it. His writing insights are awesome. People need a Sabbath. It's in our DNA. Cycles of 7 occur in our very nature. Read it & REST, truly rest.

This book was recommended by mi rabbi and I was delighted to read. It brings you back in time but

it also teaches you that tradition is not only dwelling in the past but savoring and truly appreciating your present and your future.

Excellent book, with incredible insight and perspective on the value and the practice of the Sabbath. I would consider this a must read for anyone who is looking into how to rest better and incorporate the Sabbath into their weekly rhythm.

This is the fourth (maybe fifth) copy of this book that I have purchased. Each time, I recommend it to a friend I loan them my copy. Usually when they are done, they are so in love with it that I gift it to them and go buy another. Rabbi Heschel is one of the most important Jewish theologians of the 20th century and this is one of his most accessible and important works.

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